The Man Manual

10 Steps to Better Understanding Your Man

Lucas Tindell
The Man Manual: 10 Steps to Better Understanding Your Man

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All scripture references used in this book can be located at http://www.biblegateway.com.

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DEDICATION

This book is dedicated to you the reader. I wrote this book with you in mind. Although we may never meet, God knows you, He loves you, and He asked me to write this just for you. Enjoy!
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ACKNOWLEDGMENTS

First and foremost I want to acknowledge God, who sent his son Jesus to die for my sins, without Him I am nothing. Second, I would like to acknowledge my wife Corine Marie and my children: Arriona, Lucas II, Ashawnti, and Savannah. My children keep me laughing and grounded. No matter what level of success I reach, I will always just be dad to them. I would also like to thank my parents, Joseph and Vivian, who raised me right. They were not perfect, but they were perfect for me. I would also like to thank my siblings; Jonathan who taught me how to make people laugh, Jovan who protected me from girls who wanted a nice guy, but were far from nice girls, and Kristina who will quickly go from calm and sweet, to mean and tough if anyone says anything bad about me. I would also like to thank the Carpenter family who taught me the value of attending church and living a life of service. To my aunts, uncles, cousins, and the rest of my family and friends who support my dream of changing the world for the better. I cannot forget to thank my friend and mentor Stephan Labossiere, author of the bestselling
book, *God Where Is My Boaz?* Finally, I’d like to acknowledge my Pastor and his wife, Richard and Verlinda Bennett, and our entire church family. To everyone named and all of my other supporters, I love you.
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FOREWORD

As a Certified Life and Relationship Coach and the Bestselling Author of God, Where is My Boaz?, I have had the privilege of helping thousands of people all over the world learn what it takes to have happy, healthy relationships. One thing I’ve realized on my personal and professional journey is the importance of sharing my knowledge with others who share my passion of helping others live out happier and healthier lives. Without this type of interaction, I am not completing my mission in life. Lucas is that person for me. A mentee that I’ve had the pleasure of personally assisting on his professional journey to greatness.

The ability and willingness to sow into someone else is what life is really all about. However, very few people take the time to give back to others these days. Busy schedules and the inability to help everyone, keeps people from making any effort at all. But we all can find someone to mentor and a way to make a lasting difference in the lives of others. Whenever Lucas and I have conversations, he takes notes, and he also takes the time to think through everything we’ve discussed.
He truly hungers for greatness and he’s truly passionate about helping others. This creates a wonderful dynamic to work in.

The only thing Lucas loves more than helping others is God, his children and his wife, CorineMarie. Corine also recently published her first book, *A Small Piece of Her Heart*, an inspirational romance novel that I’m sure will inspire readers to seek a lasting and loving relationship. Unarguably, these two lovely people are passionately chasing their dreams and fulfilling the purpose God has placed upon their lives. One thing is clear, they are a true “power couple, powered by God”. They lead by example because they’re living out what they preach.

This book is already changing lives and improving relationships. In just ten short chapters, Lucas gives women the kind of insight and practical tools they need to navigate and understand the complex minds and hearts of men. With these tools, women will be well-equipped to develop and enjoy, the lasting, loving relationships they long for. After reading this book you
too will have the know-how required to experience the same positive results in your love life. It’s my esteemed pleasure to present to you; Lucas Tindell and *The Man Manual: 10 Steps to Better Understanding Your Man*. Enjoy.

Stephan Labossiere

www.StephanSpeaks.com
INTRODUCTION

I’ve spent most of my life helping women understand the subtle differences between them and the opposite sex. From what I have observed over the years, it’s clear that women often don’t have the insight necessary to choose a good man. Nor have they been formally taught how to keep one. This is where I come in. As a former “mama’s boy”, I’ve always been in touch with the views of women. I’m also the son of a great father who taught me what it means to be a good man, so I am well acquainted with both sides. I’m also the husband of the beautiful Corine Marie Tindell who stole my heart many years ago. Corine and I work hard to have the happy, healthy relationship we teach others about. Our love for each other is only surpassed by our love for our Lord and Savior, Jesus Christ. It is through this window that I view the world.

I see men as simple individuals. The intricate mind of a woman cannot comprehend, how shall I
say, our lack of complexity. I’m not saying that men aren’t deep, intellectual beings, created by God to be leaders, lovers and warriors. What I am saying is that a man’s basic wants and needs are simple. So when you can tap into them, you will not only find a man, you will also know how to keep him by your side, till death do you part. This book will serve as your personal user guide for men, a cheat sheet on how the male mind operates. Questions you’ve had your entire life about how men work, will be answered. I will also provide you with a road map for your own personal growth as well, that will serve you in all areas of your life. Are you ready? You are only 10 chapters away from having the tools necessary to have the relationship you’ve always wanted.

In this book, I take you inside the male heart and mind and give you instructions on how to handle them with care. Having counseled so many men and women over the years, I have gained priceless insight that women deserve to hear. I’m going to share with you what I believe to be the
things you can do to drive a man to greatness, and the things that can hinder his success. You’ll learn the areas where men are most vulnerable and what most women mistakenly do to cause further damage.

This book will answer questions like, “How can I get him to open up?” and “Why do men cheat?”. Most importantly this book gives you the proper instructions on what you can do about it. This book is set up like a user manual. Many people, male and female alike, buy fancy new products, but have no idea how to tap into the product’s full potential without first reading the manual or the user guide that’s included with the product. This same premise is also true when it comes to getting a man.

Women are often unaware of how to tap into their man’s full potential. This is not your fault however, until now, no one has ever given you the user manual. You have spent your entire life trying to figure out men through trial and error, and I’m
guessing you’re tired of it. You may have also spent a lot of time trying to learn about men from other women, and although they are great resources, some things they may not fully understand about men either. This is exactly why I wrote this book. I’ve seen so many good women left heartbroken and confused. Wondering what they could have done differently to keep their man happy and their relationship healthy. I am happy to help with this dilemma.

This book is a manual that can be read in its entirety, or it can be used as a chapter-by-chapter guide to help you make adjustments on the go. If you think your man is cheating, go to chapter 8, Troubleshooting and see what you can do. If you think he is no longer into you, go to chapter 4, Turning him on, and find out how to regain your man’s love and attention. Finally, if you have done all you can and you just don’t know what else to do, read Chapter 10, Return Policy. This chapter will tell you how to send your man back to his maker, not just for repair, but to be remade.
People often say, they’re working on the communication piece or the intimacy piece of their relationship. My wife and I firmly believe that if you get the God piece together, then together you’ll get God’s peace. Today is the day, the time is now, you are now holding, *The Man Manual, 10 Steps to Better Understanding Your Man*. Your love life will never be the same.
BEFORE YOU BUY

Choosing a man is a lot like making an electronic purchase. I’ve been around women long enough to know that you are the smartest shoppers in the world. You know when to bargain shop and you know when something is worth full price. Well shopping for a man, if I may put it that way, is a lot like making other major purchases. You have to decide where to shop, what style you want, and how much you’re willing to spend to have what you want. If you’re already in a relationship this section can help you if things don’t work out. This will also serve as great advice for your single family members and friends. If you don’t get this section right and you don’t choose the right man, the rest of the book will do little good.

Let’s start by talking about where to shop for a
man. Some of the common places that women find men are; at clubs or bars, at church, at work, or online. Many women are starting to wonder if it is even possible to find a good man at the bar or in the club. The answer is: maybe. Of course, there are success stories of people who meet in many different social settings, and a bar is no exception. However, in my opinion it is not the best place to look. As men and women grow, mature, and evolve into adults, they begin spending more time managing their careers, businesses, and homes and have less time for the club.

I remember the night I turned eighteen, it was July 9th, 2000. How cool is that? I turned eighteen in the first year of the new millennium and I was ready to party. I sat patiently with a few close friends in my all-white 1990 Mercury Topaz, in the parking lot of a local dance club, waiting for the clock to strike midnight. I went in not looking for my future wife, but rather looking to have some fun. The place was filled with music, smoke, and a bunch of drunk people too inebriated to even remember who they were talking to.
Now let’s go back to our shopping analogy. Would this be the type of place you’d want to make the biggest purchase of your life? I mean would you purchase a home in an environment like this? I don’t think most people would. So to assume this is the best place to make a sound decision about your future doesn’t seem that rational to me. Again, someone reading this might have found the love of their life at the local bar, and I couldn’t be happier for them. I am in no way judging this option. I’m simply trying to help those of you who are still looking to understand what may be hindering you from finding the love you’ve always wanted.

Now let’s look at another meeting venue, church. Church is a better place to meet someone in my opinion, but it too can be tricky. Everyone in church is not plugged into God. Many men go to church out of habit or maybe they’re seeking a nice church girl. The most important thing in this case is to be in church for the right reasons. It’s been through studying the Bible and sincere worship to God that I have grown to be a more sensitive, loving, and understanding man. Once I
understood how much God loved me, I was able to share that love with my wife and children. So, if a man is truly connected to God and he came to church to worship God and not to worship you, then he could be a great option. Your motives must be pure as well. You shouldn’t join your local church as a dating club.

Church is about building a relationship with God. Using God’s house to entertain men is like a teenager using their parents’ house to throw an unauthorized party. God would love for you to meet someone in His house who truly loves Him and truly seeks to love you but, you both must seek His love first. This principle does not stop after the initial meeting. The true secret to a lasting, loving relationship is to always put God first. Allow God to give you guidance and direction not just on who you should share your life with, but on how to grow from two individuals into one person, united in Him.

Finally, many people are now shopping for love online. The number one online retailer for consumer products, as you probably know, is Amazon. Online
Lucas Tindell

dating websites are setup a lot like Amazon. Similar to the online retailer and the jungle. There are some great items for sale online and there are some beautiful majestic creatures in the jungle. There are also some horrible items for sale and some frightening animals lurking in the wild, so both are exciting yet horrifying opportunities. Online shopping always comes down to being a smart consumer and trusting your instincts. It is so easy to make a profile on a dating site and totally lie about who you really are. If someone is a lazy, angry, controlling person, I’m guessing those won’t be listed as some of their characteristics when you visit their profile. That would be like fishing with a rock. You have to know what bait to use when fishing, and men know what bait to use when fishing for you. So how do you know who’s right for you in the vast arena of online dating?

Well first, depending on the website, they have likely asked you some questions to help you find good matches. It’s very important that you answer these truthfully. You may even want a close friend nearby who can help you be honest. It’s always tempting when
taking a personality test to force the answers in a direction that we believe will give us our desired results. Lying is not a wise way to go about doing this. If you want the truth, you have to give the truth. The fact that you hate sports is not a reason for the man who is right for you to not come along.

Men don’t care if you love sports, all we care about is whether you love us enough to throw on our favorite team’s jersey every now and then, and allow us to enjoy the game. You may think an interception is a basketball term, and you may wonder why the term field goal is used in both football and basketball. Allowing your man to explain these things to you can be a great bonding experience because it makes him feel good about his ability to teach you something new. Finally, with online dating, you have to read between the lines. If a man is talking more about money and physical characteristics than he does his goals, family, and faith combined, click to the next profile. Shallow water is for children, and shallow men are not deep enough for you. Not that they need to be a philosophy major or some deep Bible scholar, but they do need to care about
more than fast cars and VIP seats in the club.

Work can also be a venue to meet a potential partner. If you met your man at work or see potential candidates there, let me shine some light on the pros and cons to this scenario. One of the pros to dating someone you work with is that you share some common experiences and interests. You both understand the joys and frustrations of your job. You can talk about work without needing to first explain how the business runs and how each person acts, you can jump right to the meat of the story. This can be very beneficial when you just want to vent about your day and move on. On the other hand if your man knows that you are upset with your boss or a coworker, it may become a distraction for him and cause both of you to be less productive. It’s very important to keep these conversations in context, do not allow one bad day to become an ongoing feud between you, your partner, and your coworkers. Let him know that you do not expect him to solve your problems, you just want him to listen.
So often men, being the protectors that they are, find themselves fighting battles that their women never intended for them to fight. Women like to process problems by venting their feelings. Men like to solve problems and avoid feelings all together. So, it’s up to you to be very clear with him, say it softly and slowly, “I JUST WANT YOU TO LISTEN.” Men need clear instructions. They need to see that if they trust you and only listen, that you will be happy with him and praise him for his ability to help you without literally fighting your battles. The more you show a man that listening is better than him attacking your problem, the more he will use his ears instead of his boxing gloves to help you when you’re hurting.

Something else to consider when dating a coworker is the possibility of things not working out. This can make for a very uncomfortable work environment. As if work is not stressful enough, imagine having to see your ex every day. The things people need most when going through a break up is; space and time to heal, grieve, and move on. This is not always so easy when you work together. Now of course
there are companies that are so big that you could go a long time without seeing each other, but there are also the companies that are so small you can’t avoid it. In Luke chapter 14 Jesus speaks of counting the cost. He asks if a man who was planning to build a tower would not first count the cost and make sure he has enough to finish the project. It is important to count the cost of a potential work relationship prior to getting into one. Do you both have what it takes to make it work? If not, do you have the character necessary to move on in a professional manner if things don’t work out?

Another related concept that applies here is known as opportunity cost. Opportunity cost is what a person gives up or risks in order to pursue an opportunity. For instance if your company has strict policies about relationships with coworkers you will have to weigh the cost of potentially leaving your job or switching departments in order to pursue true love. This is not a decision that should be taken lightly. On one hand, you could be giving up the security and stability of your current job. On the other hand, you could be giving up your future husband, who can provide more security
and stability than your job ever will. I don’t say any of this to sway you in either direction. I say this to get you to start thinking ahead rather than living in the moment. People who live in the moment often fail to remember the lessons they learned from past heartbreaks. They fail to look ahead at potential roadblocks. Don’t let this be you, you are smarter than that.

Regardless of where you look for a man, you need to remember to be truthful about who you are and read between the lines about who he is. Very few people are comfortable enough with themselves to be truthful up front, but truth has a way of seeping into the cracks of relationships and breaking things up. Being from Northeast Ohio, just a few miles from the home of NBA star Lebron James, we are far too familiar with a phenomenon known as potholes. I’m not sure where you’re from or how bad this problem is on the roads near you, but in Northeast Ohio it is a serious problem. Potholes are those large craters in the blacktop on roads that appear, after water seeps into the cracks of the street and freezes. This causes the cracks to expand and eventually break up the blacktop, which lead to
large car swallowing holes. I say that to highlight my point about unspoken truth seeping into the cracks. If you or someone else is trying to hide something important, it will likely seep into the cracks of your relationship, and eventually lead to large potholes. Remember when looking for the right person for you, you must listen closely to what the person says and watch for patterns. It won’t be long before you know if this guy is worth more of your time or if it’s time to move on.
BASIC INSTRUCTIONS

I think of man as the ultimate product, a hybrid of all creation. For the purposes of this manual, I suppose electronics is the best or most consistent analogy if I had to choose one. With every complex product it’s important to understand some basic principles. First let me say, the creation of man was God’s crowning achievement. In the story of creation once God made man, He stepped back and admired all that He had done. The one thing God later realized was missing was you, a woman, the perfect complement to man. He saw his favorite part of creation, standing alone with no one by his side and even the God of the universe knew that man’s life was incomplete without you.

God created woman as a helper to man. Ladies,
I’m here to tell you men need your help. Speaking as a happily married man, I must admit that even writing this book would not have been possible without the love and support of my wife Corine Marie. She wrote an inspirational romance novel, titled, *A Small Piece of Her Heart*. As she read each chapter to me upon completion, I fell in love with the writing process. My wife’s amazing love story full of twists and turns, love and inspiration, is what inspired me to write this book. As I wrote, she helped me by giving me a woman’s perspective on the message I wanted to give you as a reader.

I haven’t yet earned the title, “Bestselling Author”, but someday I know I will because my wife, my helper, believes in me and pushes me toward the purpose that God placed in my life. You too can be that woman for your man someday and he can also push you to be all that God wants you to be in return. I don’t care if he’s an author, a college student, an athlete, or a factory worker, as his woman, you have the power to help him reach his full potential.
It’s important that as a woman reading this, you understand your power to influence the direction of a man’s life. Now I must also warn that in the same way a woman can help a man become great and live out his calling in life, she can also lead him away from God and his purpose. Let’s look at Adam and Eve’s story. God’s first couple were placed in a beautiful garden that had all they needed to thrive and live a wonderful life in the presence of God. At this point in history, Eve did not need a manual, or even the Bible, to better understand her man because they were sinless and living in the presence of God. This would soon change however. Upon being deceived by the serpent, Eve was able to convince Adam that what God told him was not true. If that does not speak to the power of your influence in a man’s life, I don’t know what does.

The Bible is filled with stories of women who have either greatly helped their man or greatly hurt him by the power of their words and actions. The reality is; you get to choose. This book will help you choose the right way to guide your man to a life that is greater than either of you can imagine.
To begin, let me give you some basic instructions that will help you as you start your journey to better understanding your man. Before you start reprogramming and changing his filter in future chapters, you need to understand that God created you to birth greatness. Without woman, there is no life. You must accept your calling; to bring life into any situation you’re in, especially your relationship. It is through your relationship that you may someday birth greatness in the form of a human life, if you haven’t already. This is a special calling and one that you should feel honored to have.

If you are a woman who never plans to have children, or if you are unable to have children, I want you to know that you are still called to birth greatness, in your man, in your friends and family, and in the Kingdom of God. This does not mean you have to become your man’s second mother, you just have to help him push out the greatness that God has placed in him. If you will accept this mission, the greatness you bring out of your man will be a blessing to you and your family. You can positively affect future
generations based on what you do with the information in this book.

Another basic thing you need to understand is that your power to have a successful relationship comes from God. This book is not about manipulation. It’s about empowering women, to empower their men, which in turn will bring power to their relationship. Many couples want to be called a power couple but they don’t want to do the work to be empowered. Pictures of Hollywood couples who are often mega rich and ultra-successful have tainted our view of what being a power couple is really all about. In my opinion money is not what makes a power couple. My wife and I believe power comes from supporting each other and connecting to God, the ultimate power source. If financial security is important to you, as it is to most people, it may be necessary to empower your man to go back to school to further his education.

Again, I am not suggesting that you manipulate him into to making this decision, just be ready if the opportunity presents itself. Several years into marriage,
I went back to school to get my degree in business and marketing from Malone University, a Christian college in my hometown Canton, Ohio. During this time, I worked and went to school full time but did very little around the house. My wife totally took on all the household chores, while cheering me on, as I stayed up late to write papers and complete assignments. Without her support, I don’t believe I would be where I am today. Through her labor around the house and constantly pushing me, she helped birth greatness in me. So don’t be manipulative, be supportive, and you too can have what it take to be a power couple, powered by God.

Finally, you need to be ready to submit to your man in order for this whole thing to work. Please don’t put this book down, I know that sounds frightening but it’s so important. A man wants a woman who is willing to submit. Submission does not mean he always gets his way or that he is never wrong. It means that you are willing to follow his lead. You are willing to trust him to make the final call when a decision must be made. If you chose the right man he will always strive to do
what’s best for you and your family. You must realize that it was not that long ago in our country’s history that this was very normal. Yet, we have come so far that we have actually created a way of living that supersedes God’s design.

God created man to have dominion over the Earth and everything in it. Somewhere along the line, especially in American culture, we decided that this was not fair. Now don’t get me wrong, I think men had just as much to do with this shift if not more than women, but the fact still remains that this is not the way God intended things to be. At some point it seems that men lost sight of the value women brought to their lives and women got tired of it. Many families also found themselves in a position where both the husband and wife had to go to work. This often did not come with a decreased work load at home for the woman, so they likely began wondering why they were submitting to the man at all. Women saw that they could successfully work, bring home a paycheck, and care for the house and kids. So women began to question, why they should submit to a man who wasn’t working as hard
they were.

I get it, but the problem is, this lack of respect for men, has pushed them out of their place as head of their homes. I believe this has greatly contributed to the increasingly high divorce rate. Men no longer feel like men at home so they leave. In turn they leave children to grow up without a male influence in the house. So the girls often grow up idolizing supermom who has always been there handling things on her own. These girls then grow up with the idea that they don’t need a man. This is true, you don’t need a man, but there is something that God placed in all of us that longs for companionship.

God designed man and woman to come together to procreate and sustain human life on Earth. This same scenario of absent fathers, teaches young men that they don’t need to become husbands and their responsibilities of fatherhood only exist when they are in the home. Once the relationship is lost with the mother of their children, men often see no need to try to be a father because they were never taught how to be
a father in the first place.

This brings me back to my point about submission. Wives submitting to their husbands has nothing to do with taking orders and becoming powerless. If someone told you that your inability or unwillingness to submit could be greatly contributing to your relationship problems, I’m sure you would work to fix it. Well, I’m telling you that I believe this to be true. Only one person can drive the car, that doesn’t mean you don’t have a say in where you go. However, allow God to lead and ask God to guide your man. You can trust that if your man is not leading you in the right direction, God will pull you from the car before it crashes. If you can learn to submit the rest of this book will be much easier to receive and put into practice. If not, continue on and you will learn step by step how to treat your man. Once you have learned these principles, submission won’t be so frightening.

Points to Remember

- God values the role that women play in this world.
- Women have the “Power of Eve”, which is the
power to influence the direction of their man’s life.

- God gave women the ability to give birth and he intended for women to birth greatness.
- The power in your relationship must come from God.
- Submission is a sign of strength not weakness, you must learn how to submit